

Urologic Surgery Associates, P.A.

General Urology and Urologic Oncology

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TRANSRECTAL ULTRASOUND/PROSTATE NEEDLE BIOPSY

1. Take the antibiotics as directed by your doctor. These may be given to you at the time of your procedure or at a prior appointment. It is necessary to start the medication the day of your procedure and continue taking through the day following your procedure.
2. Approximately 2-3 hours before your procedure, give yourself a **Fleet's Enema**. This may be purchased over the counter at any drug store.
3. After the procedure, you may resume normal activities. Avoid heavy lifting, straining, or vigorous exercise for 24 hours. Drink an additional 2 to 3 glasses of water after your procedure.
4. If you have any discomfort, you may take regular or extra strength Tylenol as needed.
5. You may notice some bleeding from the rectum or in the urine for a week or so. It should clear up on its own. If the urine is very bloody, like tomato juice or with cherry sized blood clots, call your doctor or nurse. Occasionally, the semen may be bloody, but this should clear up in a few weeks.
6. Call your doctor or nurse right away if you have chills or a temperature over 101.5 degrees (F) after your procedure.
7. The doctor or nurse will call you as soon as the biopsy results become available.
8. **DO NOT** take any aspirin or aspirin containing products, herbs, diet pills or any other blood thinners at least 1 week prior to surgery.

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